

Affiliate Disclaimer

Ilona Rakauskaite director of More wellbeing is a participant in the Amazon Services Associates Program, an affiliate advertising program designed to provide a means for sites to earn advertising fees by advertising and linking to Amazon.com. As an Amazon Associate I earn from qualifying purchases.

More Wellbeing recommends certain products and services that may be of benefit to our readers.

We may earn various forms of compensation for products and/or services mentioned or promoted within blog posts (linked text), sidebar space, and social media. That means we may earn a small commission for clicks on links, posting links and/or any purchases made after clicking through a link.

We only promote products that we approve of and it is completely your choice to make a purchase after clicking on our links. We try to find products and services that our readers would be interested in or benefit from to help them, their family or their home. Your cost will not be increased by using our links.